

Riding to end MS

DEVIN WILGER / YORKTON NEWS REVIEW
MARCH 3, 2016 03:20 PM

 Email  Print



Nicole Rolfe and her machine at the end of her 1,100 km ride across the province, from Goodsoil, SK to Yorkton. Rolfe rode across the province to raise money and awareness to end MS, which she was diagnosed with in 2012, with the Believe Sled Ride to End MS.

Log    

When Nicole Rolfe was diagnosed with Multiple Sclerosis, she decided that it would not stop her from doing the things she loves. Instead, she is doing something she loves to help raise awareness and funds to fight the condition, riding from Goodsoil, SK to Yorkton with the first Believe Sled Ride to End MS.

The ten day, 1,100 km ride was a challenge for Rolfe, whether she was fighting the fatigue that often comes with MS or challenging riding conditions through the trek across the province. She said that while the terrain was new and difficult to handle, she was able to push through any challenges and complete the ride.

"I conquered them, and conquered my MS along the way."

The monetary goal for the ride is to raise \$15,000, but Rolfe says that the other goal is to show that being diagnosed with something like MS is not the end of the world, and you can still undertake challenges and keep active.

"I want to let others know, no matter what you're diagnosed, never give up. Always believe in yourself, always enjoy something that if you love doing it, keep doing it."

Rolfe would like to thank everyone who helped on the ride, whether it was family and friends who helped out on the ride, her parents who came out from Manitoba for support, as well as everyone who sponsored the ride as they went from place to place.

Learn more about Rolfe's ride at www.believeride.ca.